



Gabinete



A support structure designed with you in mind.

Contact us

Aljustrel, Almodôvar, Castro Verde,
Ferreira do Alentejo e Ourique
Monday to Friday (business days)
Opening hours: 9:30 a.m. to 1 p.m.
and 2 p.m. to 5:30 p.m.
Mobile phone: 932 950 015
E-mail: gabinete.vera@esdime.pt

Funded by the Operational Program for Inclusion and Employment (POISE), with the Commission for Citizenship and Gender Equality (CIG) acting as the intermediary body





Gabinete VERA

The **Gabinete VERA** - Vítimas em Rede de Apoio (Victims in Support Network) is a **structure for assisting and supporting victims of domestic violence**, under the responsibility of ESDIME CrL.

It is a **response that integrates the National Support Network for Victims of Domestic Violence** (RNAVVD), which aims to provide support to victims throughout the country, under the supervision of the Portuguese State and coordination by the Commission for Citizenship and Gender Equality.

The structure **operates** in five municipalities in the Lower Alentejo region, namely: **Aljustrel, Almodôvar, Castro Verde, Ferreira do Alentejo, and Ourique.**

We are a **free and confidential service.**



Threats
Humiliation
Belittling
Control Shouting Stalking
Punching
Kicking
Intimidation
Insults
Sexual Violence

We believe it is possible to break cycles and live without abuse!

About Us

Specialised Team

We have a specialised, multidisciplinary team to monitor and intervene in a wide range of domestic violence situations.

Facilities

The VERA Office service centres are the responsibility of the partner municipalities, each of which has a room dedicated to assisting victims of domestic violence.

If these spaces are still not suitable for a particular situation, alternatives can be considered. For further information, including to schedule an appointment, please contact us directly.

Our Services

We offer a range of support services, which are always assessed with the individual and tailored to each situation:

- General information on violence;
- Psychosocial support;
- Legal information.

We have an extensive network of partners to meet the individual needs of each person we support.